

Healthy Communities Scrutiny Commission

Monday 3 December 2018

7.00 pm

Ground Floor Meeting Room G01A - 160 Tooley Street, London SE1 2QH

Membership

Councillor Barrie Hargrove (Chair)
Councillor David Noakes (Vice-Chair)
Councillor Jack Buck
Councillor Radha Burgess
Councillor Gavin Edwards
Councillor Leanne Werner
Councillor Maria Linforth-Hall

Reserves

Councillor Damian O'Brien
Councillor Maggie Browning
Councillor Sirajul Islam
Councillor Sunny Lambe
Councillor Richard Leeming

INFORMATION FOR MEMBERS OF THE PUBLIC

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Contact

Julie Timbrell on 020 7525 0514 or email: julie.timbrell@southwark.gov.uk

Members of the committee are summoned to attend this meeting

Eleanor Kelly

Chief Executive

Date: 23 November 2018



Healthy Communities Scrutiny Commission

Monday 3 December 2018

7.00 pm

Ground Floor Meeting Room G01A - 160 Tooley Street, London SE1 2QH

Order of Business

Item No.	Title	Page No.
	PART A - OPEN BUSINESS	
1.	APOLOGIES	
2.	NOTIFICATION OF ANY ITEMS OF BUSINESS WHICH THE CHAIR DEEMS URGENT	
	In special circumstances, an item of business may be added to an agenda within 5 clear working days of the meeting.	
3.	DISCLOSURE OF INTERESTS AND DISPENSATIONS	
	Members to declare any interests and dispensations in respect of any item of business to be considered at this meeting.	
4.	MINUTES	1 - 17
	To approve as a correct record the Minutes of the open section of the meeting on 8 October 2018.	
	The minutes, and a presentation given by officers on reducing health inequalities across disadvantaged communities from the 8 October 2018 meeting, are enclosed.	
5.	DISCUSSION OF ANY OTHER OPEN ITEMS AS NOTIFIED AT THE START OF THE MEETING.	

6. PUBLIC HEALTH PRESENTATION AND REPORT

Professor Kevin Fenton MD PhD FFPH, Strategic Director of Place and Wellbeing & Director of Public Health will provide a report (to follow) and present on the below:

- Evidence base, data and programmes to promote health amongst disadvantaged people and those with poor health
- Behaviour change
- Social regeneration
- Healthy communities

7. REVIEW: REDUCING HEALTH INEQUALITIES THROUGH COUNCIL SERVICES**8. WORKPLAN****PART B - CLOSED BUSINESS****DISCUSSION OF ANY CLOSED ITEMS AS NOTIFIED AT THE START OF THE MEETING AND ACCEPTED BY THE CHAIR AS URGENT****BLANK**

Date: 23 November 2018

EXCLUSION OF PRESS AND PUBLIC

The following motion should be moved, seconded and approved if the sub-committee wishes to exclude the press and public to deal with reports revealing exempt information:

“That the public be excluded from the meeting for the following items of business on the grounds that they involve the likely disclosure of exempt information as defined in paragraphs 1-7, Access to Information Procedure rules of the Constitution.”



Healthy Communities Scrutiny Commission

MINUTES of the OPEN section of the Healthy Communities Scrutiny Commission held on Monday 8 October 2018 at 7.00 pm at Ground Floor Meeting Room G01A - 160 Tooley Street, London SE1 2QH

PRESENT: Councillor Barrie Hargrove (Chair)
Councillor David Noakes
Councillor Jack Buck
Councillor Radha Burgess
Councillor Gavin Edwards
Councillor Leanne Werner
Councillor Maria Linforth-Hall

**OTHER MEMBERS
PRESENT:**

OFFICER Fiona Dean, Director of Leisure
SUPPORT: Tara Quinn, Group Manager - Sport and Physical Activity
Julie Timbrell, Scrutiny Project Manager

1. APOLOGIES

There were no apologies.

2. NOTIFICATION OF ANY ITEMS OF BUSINESS WHICH THE CHAIR DEEMS URGENT

There were none.

3. DISCLOSURE OF INTERESTS AND DISPENSATIONS

The chair, Cllr Barrie Hargrove, stated that in his previous cabinet roles he had responsibility for Free Swim and Gym, public health and communities, however he had taken advice from officers and there were no conflicts identified.

4. WORKPLAN

The minutes below cover the discussion both before the presentation by officers and after.

Before the presentation:

The chair invited comment on the scope circulated with the agenda.

A member commented that he thought it would be good to focus the scope of the review. He supported the inclusion of economic inequality and was particularly keen to focus on children.

Commission members proposed the outcome focus particularly on recommendations for the council; and this was supported by other members.

A member supported the reviews focus on ensuring that Free Swim and Gym (FSG) is targeted at those that need it most, and acknowledged the efforts done so far. He also suggested the review consider other issues that impact on health and mental wellbeing; for example housing, being part of a community, and equality of opportunity.

Access to GP services and the importance of obtaining a timely appointment was raised.

An national initiative, 'Making Every Adult Matter', addressing people with complex needs; such as learning difficulties, mental health, and addiction was referenced. A member said that it may be possible to obtain grant funding for this; programmes are being rolled out.

Members asked how much is being done via the planning process to make working class districts better designed for walking and cycling; particularly areas which are not subject to extensive regeneration.

Following the presentation:

There was a discussion on examining barriers to participation. A member suggested focusing on the experience of young girls with multiple barriers to participation e.g. Muslim girls swimming. She also spoke about the important of about raising confidence and empowering girls and women generally, as well as looking at different culture need for, for example some women want to swim or use a gym fully covered or with only women present.

Members suggested starting with individual people (what are the causal factors for obesity and poor health) and go from there rather than monitoring services.

A recent report, 'A matter of justice: Local government's role in tackling health

inequalities' was mentioned, as was Birmingham Council's Be Active programme, which grew out of a similar initiative to Southwark's FSG.

The Commission members recommended looking at a range of inequalities and significant issues would be worthwhile, including: economic deprivation (particularly among populations living in poorer areas), female participation, childhood obesity, mental health and precarious employment

RESOLVED

Request a report and presentation on Public Health, Social Regeneration and relevant existing policies from the Strategic Director of Public Health and invite lead cabinet members to contribute.

Involve NHS Southwark CCG.

Consider inviting in voice from another council or expert, e.g. Professor John Moxton, Joseph Rowntree.

Undertake a literature search.

Consider the following reports and initiatives:

- A matter of justice: Local government's role in tackling health inequalities <https://www.local.gov.uk/matter-justice-local-governments-role-tackling-health-inequalities>
- Making Every Adult Matter MEAN <http://www.themeamapproach.org.uk/>
- Be Active Birmingham <https://theaws.co.uk/>

5. REDUCING HEALTH INEQUALITIES THROUGH COUNCIL SERVICES

The chair invited Fiona Dean, Director of Leisure and Tara Quinn, Group Manager - Sport and Physical Activity to present the report enclosed with the agenda. The presentation is enclosed with the minutes.

The Commission raised the following points:

Members asked if it would be possible to integrate economic questions in the sign up process for Free Swim and Gym (FSG) or use existing council data (e.g. Southwark Card or data residents in council housing) to understand the extent that the service is being used by people who are most economically deprived. Could we use a Southwark Card as a sign up mechanism? Officers said that the data sets are held separately so FSG does not have access to other council data. As well as technical challenges that would be issues about GDPR and purpose of giving data. Officers said the registration process could be modified and coded for

this potential. A member raised a concern that asking about income in the sign up process and that this might put people off. This issue will be explored further and officers were asked to provide sign up and re- registration questions.

A member suggested looking at the accessibility of FSG for people working insecurely and asked if the current offer is more designed for people in secure and predictable employment rather than unpredictable zero hour contracts.

The importance of giving Mental Health parity of esteem was noted; and the members asked for clarification on the criteria GPs use for the referral programmes

More information on the use of services and the FSG offer by people with different types of disability would be useful. Research on particular needs is a challenge.

RESOLVED

Officers to clarify and provide:

- GP referral criteria: is it mental health, alcohol, and obesity?
- Send the questions to be used on re-registration.

Healthy Communities Scrutiny Commission

Reducing health inequalities across disadvantaged communities – 8 October 2018

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Reducing health inequalities by the following Environment and Leisure services

- Free swim and gym scheme (FSG)
- Parks
- Walking and cycling routes and pathways - Beat the Street scheme



8 protected characteristics

- Age
- Sex
- Race
- Disability
- Sexual orientation
- Gender reassignment
- Religion or belief
- Pregnancy or maternity

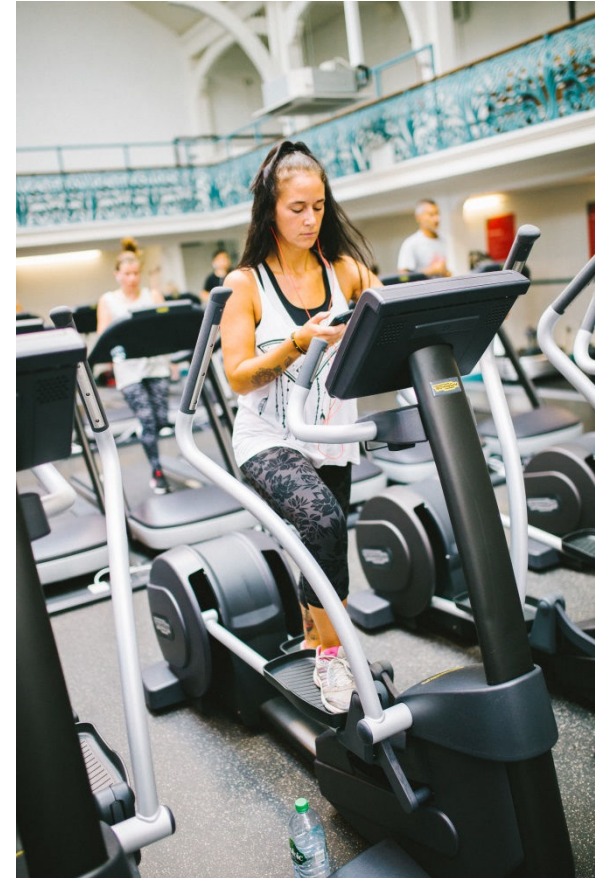


What is on offer?

- FSG for all residents and council staff – all day Fri and from 2pm until close every Sat and Sun
- Free Silver Sessions – 60+ sessions for residents at all times
- FSG at all facilities for disabled residents all week
- FSG throughout the week for those residents on the GP physical activity referral schemes
- 106 parks – 29 Green Flags

FSG – the statistics general

- Cumulative registrations since the beginning - **86,623**
- Current live members - **29,291**
- No of visits since the beginning – nearly 600k
- Visits in Q1 – **41,228** up 9% on Q1 last year



FSG – the statistics target groups

Women on the scheme – 50.5% of the population - 45% of FSG members

BME on the scheme – 60% of the population - 51% of FSG members

Disability – 13% of population – 8% of FSG members

Note – using 2011 census data

FSG – the statistics by age

Q1 renewal adults

- 80% said they feel more physically active
- 79% said physical wellbeing had improved
- 73% said their mental wellbeing had improved

Q1 renewal young people

- 85% parents said they feel their child is more physically active (92% for under 5's)

FSG – the next steps



- Continue to improve representation of target groups using the scheme
- Continue to increase the number of visits
- Deliver the council plan target of making it more flexible

Parks



- General use – no data
- Growing programme of targeted use
- £22m capital prog – aim to promote usage amongst all groups
- Extensive range of physical activity facilities



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Parks – next steps

- Deliver the parks physical activity action plan
- Continue to widen targeted programmed use
- Work towards gathering consistent set of data across the service in relation to protected characteristics



Beat the street - statistics

- 16,630 miles walked collectively
- Over 5,000 people playing the game
- 21 community teams



The street - next steps?



- Continue to promote the scheme until finish on 7 November
- Signposting participants to further activity
- Analysis of impact

Summary

- Service as a whole has an extensive range of facilities and activities reaching out to all groups.
- Continuing to get better at measuring impact
- Challenges around types of use and the collection of data, better on schemes with membership.

**HEALTHY COMMUNITIES SCRUTINY COMMISSION
MUNICIPAL YEAR 2018-19**

AGENDA DISTRIBUTION LIST (OPEN)

NOTE: Original held by Scrutiny Team; all amendments/queries to Julie Timbrell Tel: 020 7525 0514

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Sarah Willoughby, Head of Stakeholder Relations King's College Hospital KCH FT	1	Malcolm Hines, Southwark CCG	1
Members		Kevin Fenton, Director of Health and Wellbeing	1
Councillor Davis Noakes (Vice-Chair)	1	Jin Lim, Consultant Public Health	1
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<u>Electronic agenda (no hard copy)</u>		Total:27	
Members		Dated: September 2018	
Councillor Barrie Hargrove (Chair)			
Councillor Jack Buck			
Councillor Radha Burgess			
Councillor Gavin Edwards			
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